

MENTORING

B-Men Mentoring732-362-1897
 Big Brother Big Sister973-642-2447

SUBSTANCE ABUSE SERVICES

Daytop (Mendham).....973-543-5656
 High Focus (Cranford)908-272-2474
 New Hope Short Term Residential (Marlboro)..... 732-946-3030 ext.2413
 NJ Connect (HOTLINE) **Mon-Fri 8a-10p Sat & Sun 5p-10p Holidays 3p-10p**.....855-652-3737
 PerformCare – Linkage for youth with Substance Abuse needs877-652-7624
 Prevention Links (Roselle) – Prevention/Education/Early Intervention/Info & Ref. 732-381-4100
 PROCEED (Elizabeth)908-351-7727
 Raymond Lesniak Experience, Strength, Hope (ESH) Recovery HS908-793-9800
 Reach NJ – Substance Abuse Support for those addicted & family members 18+844-732-2465
 The Counseling Center (Clark)732-504-3556
 Trinitas Regional Hospital (Elizabeth).....908-994-7556

UNION COUNTY YOUTH SERVICES COMMISSION (YSC) PROGRAMS

<http://www.njacysca.org/about-us/nj-counties/union-county/>

INITIATIVES.....

Fearless Girls – Empowerment Group (Collaboration with Proceed Inc.)908-527-4888
 UJET - Union County Juvenile Expediting Team – Expedites juvenile court cases908-527-4022

PREVENTION

-Institute of Music - Performing Arts Program908-469-1211
 -Communities in Cooperation, Inc. - Mentoring & Youth Development908-290-3107

DIVERSION

-Union County Department of Human Services, Division of Youth Services
 Family Crisis Intervention Unit (FCIU)
 Crisis Mediation & Program Services Linkage 24 HRS908-558-2520

DETENTION/DETENTION ALTERNATIVE

-Union County Department of Corrections Juvenile Detention Bureau
 Electronic Monitoring (Installation & Removal Only)908-965-3773
 - Union County Department of Human Services, Division of Youth Services
 Electronic Monitoring (Case Management).....908-558-2520

DISPOSITION

-Trinitas Regional Medical Center
 Basic Boundaries Group (6yrs.-8yrs.).....908-994-7223
 Healthy Boundaries Group (10yrs.-13yrs.)908-994-7223
 Sexual Harassment & Regaining Empowerment (S.H.A.R.E.) Program908-994-7376
 Substance Abuse Treatment.....908-994-7376
 Outpatient Early Intervention and Sexual Offender Program908-994-7376
 -Family and Children's Services - Individual and Family Counseling.....908-372-1007

DISPOSITION & REENTRY.....

-Boxwood Learning Center, Inc.
 Union County Educational Achievement Center
 High School Equivalency Preparation and Tutoring.....908-241-6862

REENTRY

-Communities in Cooperation, Inc. - Reentry Mentoring.....908-290-3107

JUVENILE DETENTION ALTERNATIVE INITIATIVE (JDAI) GRANT

-Communities in Cooperation, Inc.
 Union County Family Engagement Program.....908-290-3107
 -Boxwood Learning Center, Inc.
 Union County Family Career Exploration and Job Readiness Program.....908-241-6862

THE UNION COUNTY BOARD OF COUNTY COMMISSIONERS



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UNION COUNTY
We're Connected to You!



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Division of Youth Services

Barbara Ziobro, Administrator, Youth Services Commission

Youth Services Commissions are mandated by the New Jersey Juvenile Justice Commission to serve in each county as a juvenile justice planning body. The County Youth Services Commissions were established to examine the individual and unique needs of youth in their communities and to develop programs and dispositional options for their youth.

Union County Youth Services Commission Youth & Family Resource Directory



Department of Human Services Division of Youth Services Youth Services Commission



A Service of the Union County Board of Chosen Freeholders

UNION COUNTY
We're Connected to You!

AFTER-SCHOOL PROGRAMS, COMMUNITY AND RECREATIONAL CENTERS

Bernice’s Place After-School Program 6-12yrs. – Elizabeth Coalition	908-355-2060 ext.203
Boys and Girls Club – Elizabeth	908-351-3344
– Plainfield.....	908-822-8672
– Roselle	908-351-3344
– Union	908-687-2697
Chisholm Community Center (Springfield)	973-912-2227
Cranford Recreation Center.....	908-709-7283
Erleben Recreation Center (Elizabeth).....	908-820-2852
Hillside Recreation Center	973-926-2219
Linden Recreation Center	908-474-8600
Rahway Recreation Center.....	732-669-3600
Second Street Youth Center (Plainfield).....	908-561-0421
Union Recreation Center.....	908-686-4200
YMCA – Elizabeth Branch	908-355-9622
- Rahway Branch.....	732-388-0057
- Union Five Points Branch.....	908-688-9622
- Union Wellness Center Branch	908-349-9622
- Westfield Branch	908-301-9622

COUNSELING/MENTAL HEALTH

Children’s Specialized Hospital (Mountainside)	908-233-3720
Clear Conscience Counseling Services - Plainfield.....	908-834-2254
- Scotch Plains.....	973-454-6711
Cooperative Counseling Services (Mountainside & Union)	908-731-7100
Door2Door Therapy (Roselle)	732-484-7426
Family & Children’s Services - 40 North Ave Elizabeth, NJ 07208.....	908-352-7474
- 70 W. Grand St. Elizabeth, NJ 07202	908-372-1007
Grief Counseling & Support- Imagine (Mountainside)	908-264-3100
High Focus (Cranford)	908-272-2474
Integrative Positive Therapy (Summit)	201-694-9657
Jersey Behavioral Care (Union).....	908-291-2727
Jewish Family Services (Elizabeth).....	908-352-8375
Mount Caramel Guild Behavioral Healthcare System 18+ (Cranford).....	908-497-3925
PROCEED (Elizabeth)	908-351-7727
Resolve Community Counseling (Scotch Plains).....	908-322-9180
Summit Oaks Hospital (Summit) - Inpatient.....	908-522-7000
The Family Resource Center (Cranford)	908-276-2244
Trinitas Regional Medical Center (Elizabeth)	908-994-7223
True Care Mental Health Clinic (Elizabeth).....	908-355-0050
United Family and Children’s Society (Plainfield).....	908-755-4848

CRISIS INTERVENTION

PerformCare – Linkage for youth with emotional, mental health, behavioral needs...877-652-7624
Union County Family Crisis Intervention Unit (24 Hrs.).....908-558-2520

(DCP&P) DIVISION OF CHILD PROTECTION & PERMENANCY

DCP&P Hotline for Child Abuse & Neglect.....	877-652-2873
Cranford - Union Central Office.....	908-374-3800
Cranford - Union East Office.....	908-939-8700
Plainfield - Union West Office.....	908-754-0952

EDUCATION

Educational Law Center	973-624-1815
Kean University (Main)	908-737-5326
Job Corps 16yrs-24yrs (Edison).....	732-985-4800
Lincoln Tech (Union)	908-964-7800

Statewide Parent Advocacy Network (SPAN) – Help navigating education systems...800-654-7726
Union County College- Admissions Dept. for all Locations.....908-709-7518
Locations include: Cranford, Elizabeth, Plainfield, Rahway, Scotch Plains
Union County Vocational-Technical Schools (UCVTS) (Springfield).....908-889-8288
Youth Challenge Academy 16yrs-18yrs.....609-556-6080
Youth Corp 16yrs-25yrs (Elizabeth) – GED.....908-659-5177

EMPLOYMENT

Linden First- Communities in Cooperation, Inc. (CIC) (Linden).....	908-290-3107
One Stop Career Center 18yrs-24yrs – Elizabeth	908-965-3929
- Plainfield.....	908-412-7980
Roselle First- Communities in Cooperation, Inc. (CIC) (Roselle).....	908-245-1759
Union County Youth Forward American Job Center- Elizabeth.....	908-558-2520
-Plainfield.....	908-558-2520

FAMILY SUPPORT/ SUPPORT GROUPS

Division of Developmental Disabilities – contact for eligibility requirements	908-226-7800
Families and Children Together (F.A.C.T)	908-789-8500
Also Referred to as the Care Management Organization (CMO) of Union County	
Family Success Center – Bayway - Prevention Links (Elizabeth).....	908-289-0136
- Hillside - United Way	908-409-2962
- James Kellogg Multicultural - Proceed (Elizabeth).....	908-351-7727
- Jefferson Park Ministries - United Way (Elizabeth)	908-469-9508
- Linden - Communities in Cooperation (CIC)	908-290-3107
- Plainfield - Plainfield School District	908-731-4272
- Rahway - United Way.....	732-382-9311 ext.1
Family Support Organization (FSO) (Plainfield).....	908-755-0090
Grandparents as Parents - Jewish Family Services (Elizabeth)	908-352-8375
Grief Counseling & Support - Imagine (Mountainside)	908-264-3100
Kinship Navigator Program - Children’s Home Society -Help for raising relatives	800-396-4518
Resources for medical, housing, child care, education, legal issues, financial support	
Transportation (Logisticare) - NJ Family Care/Medicaid Clients	866-527-9933
- Amerigroup Clients	866-483-9523
- Amerigroup/DMAS Clients.....	866-527-9933
- Humana National Medicare (MCR) Clients.....	866-588-5122
Statewide Parent Advocacy Network (SPAN) - help navigating health services.....	800-654-7726
Union County Family Justice Center-Support for domestic violence victims.....	908-527-4980

FIRE PREVENTION SERVICES

Bergen County Juvenile Fire Prevention Program (CarePlus).....	201-797-2660 ext. 5286
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HEALTH EDUCATION / SERVICES

Children’s Specialized Hospital – Free Early Development screening.....	908-301-5498
Gateway Pregnancy Center – Elizabeth	908-353-0604
- Union	973-399-8378
Hyacinth AIDS Foundation (Plainfield).....	908-755-0021
Iris House (Plainfield).....	908-561-5057
NJ Family Care (Health Insurance).....	800-701-0710
Planned Parenthood (Elizabeth)	908-351-5384
PROCEED – Testing, Counseling, Resources for HIV/AIDS (Elizabeth).....	908-351-7727 ext.224

HOTLINES

24-Hour, Toll-Free, Information and Referral Line – Connects to Resources.....	211
2 nd Floor Youth Helpline – Helpline for youth to help find solutions to problems	888-222-2228
Anti-Bullying Hotline	877-652-8559
Caring Contact - Offers a supportive ear for individuals in difficult times 7a-11p	908-232-2880
Division of Child Protection & Permanency (DCP&P).....	877-652-2873
Family Health Line –Information & referrals for all services.....	800-328-3838
Family Help Line – Help for stressed parents	800-843-5437
Lesbian, Gay, Bisexual, Transgender (LGBT) National Hotline M-F 4-9p Sa 12-5p	888-843-4564
LGBT National Youth Talk line M-F 4-9p Sat 12-5p	800-246-7743
National Autism Society Helpline.....	800-328-8476
National Center for Missing & Exploited Children	800-843-5678
National Child Abuse Hotline – Help for children & parents.....	800-422-4453

National Domestic Violence Hotline	800-794-7233
National Eating Disorder Hotline Mon-Thurs 9a-9p Fri 9a-5p closed Holidays	800-931-2237
National Parent Helpline – Emotional Support for parents M-F 1p-10p	855-427-2736
National Runaway Safe line Runaway, Homeless & At-Risk youth (24 Hrs.).....	800-786-2929
National Sexual Assault Hotline.....	800-656-4673
National Teen Dating Abuse Helpline	866-331-9474
Option Line – Pregnancy Help	800-712-4357
PerformCare - Linkage for youth with emotional, mental health, & behavioral needs.877-652-7624	
Suicide Prevention Lifeline / NJ Hope Line	855-654-6735
The Trevor Project Crisis & Suicide Prevention Lifeline for LGBTQ youth.....	866-488-7386
Union County 24 Hrs. Domestic Violence Hotline	908-355-4357
Union County Department of Human Services Action Line	888-845-3434
Union County Rape Crisis Center.....	908-233-7273

HOUSING/SHELTER

Bridgeway, INC – Homeless Outreach Support Team (HOST)	908-289-7330 press 2
Catholic Charities	908-266-7942
Community Access Unlimited Runaway & Homeless Youth Shelter (Elizabeth)	908-354-3420
Shelter serves youth 12yrs-17yrs - 24 HR Access	908-413-4261
Safe Place Locations – By contacting or arriving at the below location, they will assist in shelter	
-Elizabeth Library	908-354-6060
-Hillside Fire Department.....	908-352-1700
-Jefferson Park Ministries (Elizabeth)	908-469-9508
-Northfield Bank - Linden	908-925-3755
- Rahway	732-381-4242
- Union.....	908-378-7470
-Roselle Saving Bank- Cranford.....	908-272-0333
- Roselle.....	908-245-1885
-Sarah’s Daycare (Plainfield)	908-561-8888
Elizabeth Coalition to House the Homeless (Elizabeth) – Shelter & Rent Assistance.908-355-2060	
Family Promise (Elizabeth) – Family Shelter & Rental Assistance	908-289-7300
Fish Hospitality (Piscataway) – Family Shelter	732-968-5957
Gateway Family YMCA (Elizabeth)	908-355-9622
Home First (Plainfield).....	908-753-4001
PerformCare – Ask about a HUB bed for emergency youth/young adult shelter.....	877-652-7624
PROCEED (Elizabeth)-Utility & Rent Assistance.....	908-351-7727
Salvation Army (Elizabeth- Emergency Shelter 18+, Utility & Rent Assist.	908-352-7057
Raphael’s Life House (Elizabeth) - Homeless Pregnant Woman 18-21.....	908-354-4750



IMMIGRATION ASSISTANCE

Catholic Charities (Newark).....	908-276-2012
Kids in Need of Defense (KIND) (Newark).....	202-824-8680
Jefferson Park Ministries (JPM) (Elizabeth)	908-469-9508
International Rescue Committee (Elizabeth).....	908-351-5116 ext.116

LEGAL SERVICES

Central Jersey Legal Services, INC (Elizabeth).....	908-354-4340
Kids in Need of Defense (KIND) (Newark) - Immigration Matters	202-824-8680
Legal Services of New Jersey Hotline– Legal advice & Info. Mon-Fri 8a-5:30p	888-576-5529
Union County Juvenile Probation.....	908-787-1650
Union County Family Court – Juvenile.....	908-787-1650
Union County Prosecutor.....	908-527-4500
Union County Public Defender	908-820-3070

UNION COUNTY DIVISION OF YOUTH SERVICES PROGRAMS

Anger Management Group.....	908-558-2520
Community Service Youth Offenders	908-558-2527
Parents in Action Support Group – English & Spanish	908-558-2520
Shoplifting Prevention Seminar.....	908-558-2520
Students Helping Out Union County (S.H.OUT-U.C) – Community Service.....	908-558-2520



NJ Children's System of Care

Contracted System Administrator — PerformCare®

FAMILY SUPPORT SERVICES

For Families of Youth Eligible for Intellectual/Developmental Disability Services

Family Support Services (FSS) are a coordinated system of on-going public and private supports, services, resources, and other assistance, which are designed to maintain and enhance the quality of life of a young person with an intellectual/developmental disability (I/DD) and his or her family. Family Support Services are designed to strengthen and promote families that provide care at home for a child or young adult. These services include Respite Care, Educational Advocacy and Assistive Technology.

Please be advised that Family Support Services are not entitled or guaranteed and the ability to provide services to your child is contingent upon the availability of New Jersey Children's System of Care (CSOC) resources.

ELIGIBILITY FOR FAMILY SUPPORT SERVICES

In order to be eligible for Family Support Services:

- Your child must be determined eligible for Intellectual/Developmental Disability services **through the New Jersey Children's System of Care** ("eligible for Functional services") before applying for Family Support Services, **and**
- Your child must live in the community either with a family member, a resource family, or an uncompensated caregiver, **and**
- All other benefits for which the individual may be eligible (such as SSI and private insurance) must be accessed before accessing FSS resources.

RESOURCE FAMILY ELIGIBILITY

- Please note that a resource parent (foster, adoption, and kinship) is **considered an uncompensated caregiver** under the Family Support Act, N.J.S.A. 30:6D-35.
- Resource families may apply for **FSS respite services only**. Access to other FSS services for resource families is currently under consideration.

Please contact PerformCare for more information regarding eligibility for Family Support Services.

HOW TO APPLY FOR AND REQUEST FAMILY SUPPORT SERVICES

The telephone application takes approximately 20 minutes to complete. Call our toll free number at **1-877-652-7624**. PerformCare is available 24 hours a day, 7 days a week, 365 days a year. Please note that only the parent or legal guardian can apply for Family Support Services.

PerformCare evaluates for Family Support Services based on individual need, caregiver need, current services utilized/available, and the availability of resources. We will assist you in identifying appropriate services by asking you specific questions about you and your child's current needs and abilities, income,

and medical insurance. During the phone call, if other needs are identified, you can be connected to other services, including behavioral health referrals and other community resources.

NOTIFICATION

If you are approved for an available Family Support Service, the agency providing the requested service will contact you once they have an opening in their program. You will also receive a letter from PerformCare indicating authorization of the service. If you have not heard from the identified provider by the start date of service indicated on the authorization letter, call PerformCare for assistance. PerformCare matches families to services as they become available.

The agency providing the service will call you to complete their intake process. The provider is responsible for verifying every 3 months whether the service is being used and if it is helpful. If your needs change and you wish to request a different service, call PerformCare to request the change. You will need to update your Family Support Service Application during that call.

Services are not a guarantee and are based on family need and availability of resources.

Your Family Support application is valid for one year. You will be required to re-apply over the phone annually for these services.

AVAILABLE SERVICES

RESPITE CARE

The word *respite* means “break” or “relief.” **Respite** is intended to provide temporary relief for the primary caregiver from the demands of caring for an individual with disabilities during the times when the caregiver would normally be available to provide care. This service is intended to provide care and supervision to your child either in their own home or outside their primary residence. The service relieves family members from care on a temporary or emergency basis for short periods of time.

Respite care services are designed to offer families the opportunity for a break from caregiving responsibilities. Respite also provides a positive experience for the individual receiving care. Respite allows parents time to engage in activities that they find relaxing, entertaining, or restful while a trained respite provider cares for your child.

Respite is not a substitute for school, participation in other age appropriate activities, daycare or traditional childcare, which is needed by parents in order to go to work or school and which is provided on a daily or regular basis. Respite, on the other hand, is provided on an intermittent or short-term basis to provide you with a break from caring for your child with a disability.

- **Agency Hired Respite** – Agency Hired Respite is a service provided to families who want a respite worker who is recruited, trained and employed by the qualified agency to provide social and recreational experiences to children in or out of their homes. Agency Hired Respite is limited to 60 hours of service (billed in 15-minute increments) per 90-day authorization. Families have the flexibility to utilize the 60 hours as needed within the 90-day authorization.

- **Self-Hired Respite** – Self-Hired Respite is a service provided to families who want to recruit their respite worker of choice. The family pays the worker directly and sends the paperwork in support of reimbursement to the provider agency on a monthly basis. Self-Hired Respite is limited to 60 hours of service (billed in 15-minute increments) per 90-day authorization. Families have the flexibility to utilize the 60 hours as needed within the 90-day authorization.
- **Agency After School Care** – Provided by community-based agencies, after school care programs have individual criteria including specific age and supervision needs, and are close to the child’s residence. After school care is provided at an agency’s site and not in the child’s home. After school care programs provide social and recreational experiences rather than educational programming for children out of their homes at the end of the school day. It is the caregiver’s responsibility to provide transportation. Please note: Agency After School Care is billed in 15-minute increments.
- **Agency Weekend Recreation** – Weekend Recreation provides social and recreational experiences for children outside of their homes, sometimes including a community outing component, Friday evening through Sunday. It is the caregiver’s responsibility to provide transportation. Please note: Agency Weekend Recreation is billed in 15-minute increments.
- **Overnight Respite** – allows your child to stay overnight in a safe, short-term alternate living arrangement. Each youth may attend up to 14 days in a rolling 351-day period, based on availability. Services must be provided in a licensed facility with round-the-clock supervision and care. Families can utilize time as needed within a rolling 351-day period. Please note: Overnight Respite is billed on a daily frequency.

EDUCATIONAL ADVOCACY

Educational Advocacy is a service provided to I/DD eligible youth and their families when the youth requires in-depth help with education-related needs.

There are New Jersey State and U.S. Federal laws that ensure children with disabilities receive a free appropriate public education in the least restrictive environment. These laws (*The New Jersey Administrative Code for Special Education* and the *Individuals with Disabilities Act*) provide parents and legal guardians with the right to participate in their child’s education. Educational Advocacy services assist parents and legal guardians in understanding their rights regarding their child’s special education needs.

ASSISTIVE TECHNOLOGY

Assistive Device means an item, piece of equipment, or product system, whether acquired commercially, modified, or customized, that is used to increase, maintain, or improve functional capabilities of youth; assistive technology cannot be solely therapeutic. Examples of assistive technology include travel chairs, walkers, and positioning systems.

Vehicle Modifications means assessments, adaptations or alterations to an automobile or van that is the youth’s primary means of transportation in order to accommodate the special needs of the youth,

and that are necessary to enable the youth to integrate more fully into the community. Examples of vehicle modifications include motorized lifts and ramps.

Environmental Modifications means removable/minor structural modifications to the private residence of the youth or his/her family that are necessary to ensure the health, welfare and safety of the youth or that enable the youth to function with greater independence in the home. Examples of environmental modifications include widening of doorways, ramps and/or grab-bars, and their installation.

Equipment provided in this category is subject to a maximum limit per child, per three-year cycle.

EXCLUSIONS

The following items and services are not included as part of Family Support Services:

- Services such as Occupational Therapy, Physical Therapy, Speech therapy, and tutoring
- Daycare/childcare
- Summer camp financial assistance
- Services available through other sources
- Funding for the cost of a service animal
- Monthly fees for devices
- Funding for augmentative/alternative communication devices, including tablet computers (e.g., iPads)
- Funding for any item that restrains the child, including door locks, vehicle restraints, and fences
- Funding for the purchase of a modified vehicle or a vehicle to be modified
- Reimbursement for assistive technology devices or modifications that were previously purchased

Please note: CSOC will *not* supply an assistive device, vehicle or environmental modification that can be paid by another source, e.g., Medicaid, private insurance, another State division, or the school district or Local Education Authority.

GETTING INVOLVED

If you are interested in providing feedback about Family Support Services and identifying service priorities, contact the **New Jersey State Council on Developmental Disabilities (NJCDD)**. The Council supports Regional Family Support Planning Councils that enable caregivers to have a forum to identify systemic gaps and issues in Family Support Services statewide.

Information about the Family Support Planning Councils is available on the NJCDD website:

<http://njcdd.org/the-regional-family-support-planning-councils>.

NJ Children's System of Care

Contracted System Administrator — PerformCare®

Ajudando famílias em todas as partes de New Jersey

Desde 2009, o PerformCare ajuda famílias e jovens que vivem em New Jersey a acessar serviços públicos voltados para pessoas de até 21 anos por meio do Sistema de Cuidados Infantis de New Jersey (New Jersey Children's System of Care - CSOC), disponível em todo o estado. Esses serviços de apoio estão disponíveis para crianças, adolescentes e jovens adultos que buscam serviços de saúde comportamental, de problemas intelectuais/de desenvolvimento ou de tratamento para uso de substâncias químicas.

Disponível 24 horas por dia, 7 dias por semana – 1-877-652-7624

Em alguns casos, pode ser difícil saber se você deve procurar ajuda extra. As famílias devem ligar sempre que notarem alguma mudança no comportamento dos seus filhos ou se sentirem sobrecarregadas por dificuldades em casa ou na comunidade. Algumas razões comuns para ligar para o PerformCare incluem:

- Depressão e/ou ansiedade.
- Casos de *bullying*.
- Agressão física ou verbal.
- Problemas intelectuais/de desenvolvimento.
- Uso de substâncias químicas.
- Falta de atenção ou hiperatividade.
- Comportamento opositor ou desafiante.
- Sofrimento causado por um grande trauma.
- Preocupações manifestadas por professores.

As famílias também podem visitar o site do PerformCare em www.performcarenj.org.

Cuidados centrados na criança no lugar certo

Seja qual for o desafio, o CSOC pode ajudar seu filho a ter uma melhor qualidade de vida. Dependendo da situação e da elegibilidade do seu filho, os serviços CSOC incluem o seguinte:

- Avaliações para determinar as necessidades do seu filho.
- Encaminhamento para serviços de aconselhamento.
- Resposta móvel para estabilizar situações de crise.
- Apoio familiar para educação e defesa.
- Gerenciamento de cuidados para necessidades intensas e complexas.
- Apoios comportamentais para atividades cotidianas.
- Serviços de assistência temporária para famílias.
- Tratamento para uso de substâncias químicas.

O PerformCare está disponível 24 horas por dia, 7 dias por semana, 365 dias por ano. Entre em contato conosco gratuitamente (pais, responsáveis legais, jovens):

1-877-652-7624 (TTY 1-866-896-6975)
www.performcarenj.org



Os associados do PerformCare estão disponíveis 365 dias por ano para ajudar crianças elegíveis a receber cuidados individualizados.



PerformCARE®

www.performcarenj.org

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PCNJ_1791170

A discriminação é contra a lei

A PerformCare está conforme com a legislação em matéria de direitos civis federais aplicáveis e não discrimina com base em raça, cor, nacionalidade, idade, deficiência ou gênero. A PerformCare não exclui pessoas ou trata elas de forma diferente devido à raça, cor, nacionalidade, idade, deficiência ou gênero.

A PerformCare reduz as barreiras linguísticas para permitir o acesso aos serviços do Sistema de Cuidados Infantis de New Jersey:

- Prestando ajuda e serviços gratuitos a pessoas com deficiência de modo a comunicarem eficazmente com a gente, tais como:
 - Informação escrita em outros formatos (caracteres grandes, áudio, formatos eletrônicos acessíveis e outros formatos).
 - Dispositivos de telecomunicações, tais como Dispositivos de Telecomunicações para os Deficientes Auditivos (TDD) e Textofone (TTY) para permitir aos indivíduos surdos, com dificuldade de audição ou deficiência da fala utilizarem o telefone para comunicar.
- Prestando serviços linguísticos gratuitos a pessoas cujo idioma materno não é o inglês, tais como:
 - Serviços de interpretação qualificados.
 - Informação escrita em outros idiomas.

Se você necessitar destes serviços contate a PerformCare através de **1-877-652-7624** ou [TTY (para deficientes auditivos) **1-866-896-6975**]. Estamos à disposição 24 horas por dia, 7 dias por semana.

Se você considerar que a PerformCare não prestou estes serviços ou discriminou de qualquer outra forma com base na raça, cor, nacionalidade, deficiência ou gênero, você poderá apresentar uma reclamação por correio ou telefone, ligando para o departamento de qualidade da PerformCare através de **1-877-652-7624** ou escrevendo para:

PerformCare
Attn: Quality Department
300 Horizon Center Drive, Suite 306, Robbinsville, NJ 08691

Se você necessitar de ajuda na apresentação de uma reclamação, o departamento de qualidade da PerformCare está à sua disposição para ajudar você.

Pode também apresentar uma reclamação em matéria de direitos civis ao Departamento de Saúde e Serviços Humanos dos EUA, Gabinete de Direitos Civis, por via eletrônica através do Portal de Reclamação de Direitos Civis, disponível em <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, ou por correio ou telefone para:

U.S. Department of Health and Human Services
200 Independence Avenue, SW, Room 509F, HHH Building
Washington, DC 20201

1-800-368-1019, 1-800-537-7697 (TDD)

Os formulários de reclamação estão disponíveis em <http://www.hhs.gov/ocr/office/file/index.html>.

Serviços de interpretação multilíngues

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NJ Children's System of Care

Contracted System Administrator — PerformCare®

Ayudamos a las familias de todo New Jersey

Desde 2009, PerformCare ha estado ayudando a las familias y los jóvenes de New Jersey a acceder a servicios financiados con fondos públicos para jóvenes de hasta 21 años a través del Sistema de Cuidado de Niños (CSOC) en todo el estado de New Jersey. Se ofrece ayuda para niños, adolescentes y adultos jóvenes que buscan servicios para la salud del comportamiento, discapacidad intelectual/del desarrollo o tratamiento del consumo de sustancias tóxicas.

Disponibles las 24 horas del día, los siete días de la semana en el 1-877-652-7624

En ocasiones puede resultar difícil saber cuándo es necesario buscar ayuda adicional. Las familias deben llamar si observan que el comportamiento de sus hijos ha cambiado o si están abrumados por los retos en el hogar o en la comunidad. Algunos motivos comunes para llamar a PerformCare incluyen:

- Depresión o ansiedad.
- Hacer o sufrir *bullying* (intimidación).
- Agresión física o verbal.
- Discapacidades intelectuales/del desarrollo.
- Consumo de sustancias tóxicas.
- Incapacidad para prestar atención o hiperactividad.
- Comportamiento de oposición o desafiante.
- Duelo por un trauma importante.
- Inquietudes de los maestros.

Las familias también pueden visitar el sitio de Internet de PerformCare en www.performcarenj.org.

Atención centrada en el niño en el lugar correcto

Independientemente del reto, CSOC puede ayudar a encaminar a su hijo hacia una mejor calidad de vida. En base a la situación y la elegibilidad de su hijo, los servicios de CSOC incluyen:

- Evaluaciones para determinar las necesidades de su hijo.
- Derivaciones a servicios de asesoramiento.
- Respuesta móvil para estabilizar situaciones de crisis.
- Apoyo familiar para la educación y la promoción.
- Administración de cuidados para necesidades intensas y complejas.
- Apoyo del comportamiento para actividades de la vida diaria.
- Servicios de apoyo a la familia para el cuidado de enfermos.
- Tratamiento del consumo de sustancias tóxicas.

PerformCare está disponible las 24 horas del día, los 7 días de la semana, los 365 días del año. Comuníquese sin costo (padres, tutores y jóvenes) al:

1-877-652-7624 (TTY 1-866-896-6975)
www.performcarenj.org



Los asociados de PerformCare están disponibles los 365 días del año para conectar a los niños que reúnen los requisitos con la atención personalizada.



PerformCARE®

www.performcarenj.org

Todas las imágenes son utilizadas bajo licencia únicamente con fines ilustrativos. Cualquier persona representada es un modelo.

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La discriminación está en contra de la ley

PerformCare cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. PerformCare no excluye a las personas ni las trata de modo diferente debido a su raza, color, nacionalidad, edad, discapacidad o sexo.

PerformCare reduce las barreras del idioma para acceder a los servicios a través del Sistema de Cuidado de Niños de New Jersey al:

- Proporcionar a las personas con discapacidades, para que puedan comunicarse con nosotros eficazmente, asistencia y servicios gratuitos, tales como:
 - Información escrita en otros formatos (letra grande, audio, formatos electrónicos accesibles, otros formatos).
 - Dispositivos de telecomunicaciones tales como Dispositivo para sordos (TDD) y Sistemas de teléfono de texto (TTY) para permitir a las personas sordas, con problemas de audición o impedimentos del habla a usar el teléfono para comunicarse.
- Proporcionar servicios de idioma sin cargo a personas cuyo idioma principal no es el inglés, por ejemplo:
 - Servicios de intérpretes calificados.
 - Información escrita en otros idiomas.

Si necesita de estos servicios, póngase en contacto con PerformCare al **1-877-652-7624** o [TTY (para personas con impedimentos auditivos) al **1-866-896-6975**]. Estamos disponibles las 24 horas del día, los 7 días de la semana.

Si cree que PerformCare no ha provisto estos servicios o ha discriminado de otra manera en función de raza, color, nacionalidad, edad, discapacidad o sexo, puede presentar una queja por correo postal o por teléfono, llamando al departamento de Calidad de PerformCare al **1-877-652-7624** o por escrito a:

PerformCare
Attn: Quality Department
300 Horizon Center Drive, Suite 306, Robbinsville, NJ 08691

Si necesita ayuda para presentar una queja, el departamento de Calidad de PerformCare está disponible para ayudarle.

También puede presentar una queja relativa a los derechos civiles ante el Departamento de Salud y Servicios Humanos de los EE.UU., Oficina de Derechos Civiles, de manera electrónica a través del Portal de Quejas de la Oficina de Derechos Civiles, disponible en <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, o por correo postal o teléfono a:

U.S. Department of Health and Human Services
200 Independence Avenue, SW, Room 509F, HHH Building
Washington, DC 20201

1-800-368-1019, 1-800-537-7697 (TDD)

Los formularios de quejas están disponibles en <http://www.hhs.gov/ocr/office/file/index.html>.

Servicios de intérpretes multilingües

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NJ Children's System of Care

Contracted System Administrator — PerformCare®

Helping families across New Jersey

Since 2009, PerformCare has been helping New Jersey's families and young people access publicly funded services for youth up to age 21 through the statewide New Jersey Children's System of Care (CSOC). Help is available for children, adolescents, and young adults seeking behavioral health, intellectual/developmental disability, or substance use treatment services.

Available 24 hours a day, seven days a week — 1-877-652-7624

Sometimes it can be hard to know when you should reach out for extra help. Families should call if their child's behavior has changed or if they are overwhelmed by challenges at home or in the community. Some common reasons to call PerformCare include:

- Depression and/or anxiety.
- Bullying or being bullied.
- Physical or verbal aggression.
- Intellectual/developmental disabilities.
- Substance use.
- Inattention or hyperactivity.
- Oppositional or defiant behavior.
- Grief from major trauma.
- Concerns from teachers.

Families can also visit PerformCare's website at www.performcarenj.org.

Child-centered care in the right place

No matter the challenge, CSOC can help put your child on the path to a better quality of life. Depending on your child's situation and eligibility, CSOC services include:

- Assessments to determine your child's needs.
- Referral to counseling services.
- Mobile response to stabilize crisis situations.
- Family support for education and advocacy.
- Care management for intense and complex needs.
- Behavioral supports for activities of daily living.
- Respite services for families.
- Substance use treatment.

PerformCare is available 24 hours a day, seven days a week, 365 days a year. Contact us toll free (parents, guardians, and youth) at:

1-877-652-7624 (TTY 1-866-896-6975)
www.performcarenj.org



**PerformCare associates
are available 365 days
a year to connect
eligible children to
individualized care.**



PerformCARE®

www.performcarenj.org

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Discrimination is against the law

PerformCare complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. PerformCare does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

PerformCare reduces language barriers to accessing services through the New Jersey Children's System of Care by:

- Providing free aids and services to people with disabilities to communicate effectively with us, such as:
 - Written information in other formats (large print, audio, accessible electronic formats, and other formats).
 - Telecommunication devices such as Device for the Deaf (TDD) and Text Telephone (TTY) systems to enable individuals who are deaf, hard of hearing, or speech-impaired to use the phone to communicate.
- Providing language services at no cost to people whose primary language is not English, such as:
 - Qualified interpreter services.
 - Information written in other languages.

If you need these services, contact PerformCare at **1-877-652-7624** or [TTY (for the hearing impaired) **1-866-896-6975**]. We are available 24 hours a day, seven days a week.

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If you believe that PerformCare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can submit a complaint by mail or phone, by either calling PerformCare's Quality department at **1-877-652-7624** or by writing to:

PerformCare
Attn: Quality Department
300 Horizon Center Drive, Suite 306, Robbinsville, NJ 08691

If you need help filing a complaint, PerformCare's Quality department is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

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PerformCare

3 minute video explaining what they do.

<https://www.performcarenj.org/families/index.aspx>



**Trinitas Child & Adolescent Outpatient Unit's
Pre-School Bilingual Therapy Group Program
(SPANISH – ENGLISH)**

****Treating children 4 - 5 years old COED
USING INCREDIBLE YEARS EVIDENCE BASE
PROGRAM***



- *Program scope: behavioral, emotional or social skills difficulties at home/school with parenting component.*
- *Topics range from behavior modification, healthy coping and social skills in a fun and supportive environment.*
- *Parents participate in a concurrent group to understand childhood development and how to help their children with their emotional, social and learning skills necessary to function successfully at home and around their environment.*

Day and Time: Thursday 4:30 pm to 6:00 pm

Clinicians

**Gyngear Castro, LSW/ Lux Gomez, LCSW/ Corina Harten, LCSW
Location: Trinitas Regional Medical Center, Child Outpatient Unit**

655 East Jersey Street, Elizabeth, NJ

Call 908-994-7223 to schedule an intake appointment or for more information!