

April 2023



AUTISM
ACCEPTANCE
• Celebrate • Accept • Embrace



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1



[Autism and New Jersey](#)

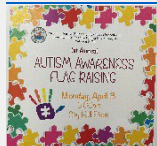
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[Light it Up Blue](#)



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[Autism Awareness Flag Raising](#)



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[Autism & Siblings](#)

How to explain autism to your child's sibling. Or is the sibling feeling like they are the only one with and brother or sister with autism.

5



[Reinforcement](#)

Rewards, star charts, toys, prizes, and more learn all about reinforcement and how to use it from one of our BCBA's.

6



[Spring Break](#)

With Spring Break coming up, here are some helpful tips about how to prepare for the break and some fun activities to do at home or while outside.

7



[Home Crafts](#)

It's Spring Break! Here are some fun and creative activities to do with things already in your home.

8



[Race on Kindness](#)

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[Medical Resources](#)

Children with autism often have a difficult time attending doctor, dentist, and other medical appointments. Autism Speaks provides a great list of autism-friendly medical resources.

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[Occupational Therapy](#)

People with autism may benefit from extra help with fine motor activities. OT Closet is a YouTube Channel that is full of fun fine motor activities to practice skills and warm up those hands ready for writing, brushing teeth, board games, and other activities.

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[EPD Celebrates Autism Awareness Month](#)



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[Eating and Food](#)

Some children with autism show hesitation towards new foods or foods with different textures. Here are some ways to work on increasing your child's intake

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[Watchung Sensory Trail](#)

Come outside this spring and enjoy a Sensory Trail where your child can touch, explore, and enjoy nature.

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[Red Bulls Autism Acceptance Night](#)



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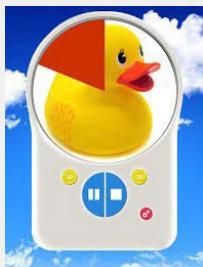
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[Gross Motor Activities](#)

Children love to move. Here are some great activities to work on those movement skills with items you may have available at home.

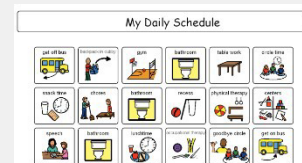
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[Timer App](#)

Many of us use timers and alarms throughout our day. These can help your children too. A great visual countdown timer app is available here.

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[Activity Schedule](#)

Activity schedules can be used to teach daily living skills, play and leisure skills, social interactions, and promote independence. One of our BCBA's presents on activity schedules here.

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[Functions of Behavior](#)

All behaviors (those we would like to increase, and those to be decreased) have a function (the reason they occur), by understanding and identifying these functions will help determine how to respond to the behavior.

21



[Rewards](#)

All of us love earning rewards. Our children are the same. Here is a great reward app you can use anytime on your phone.

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[The Lightning Thief TYA Edition](#)



[Union County Autism Acceptance Celebration](#)

23

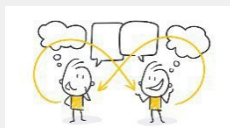
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[Music](#)

Children often learn through music. A great resource is the Jack Hartman YouTube channel, where he sings about many great topics.

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[Social skills](#)

include areas of communication, interactions, emotions, and more. Here is a wide variety of resources to help teach social skills across all areas.

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[Communication](#)

Join Ms. Rachel and help your child learn important milestones and school skills. Ms. Rachel uses techniques recommended by speech therapists and early childhood professionals.

27



[Sensory Input](#)

People with autism often benefit from activities that involve sensory input. Here are a variety of activities you can try at home.

28



[Life Skills](#)

Children and adolescents with autism sometimes need help learning how to complete self-help and life skills. Autism Speaks outlines some great resources to help you navigate life skills.

29



[GoNoodle](#)

Children often learn through music and by imitation. GoNoodle is a great song and action video website (and can be found on YouTube)

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